September 26, 2003

NOTICE OF INDEPENDENT REVIEW DECISION

RE: MDR Tracking #: M2-03-1728-01

___ has been certified by the Texas Department of Insurance (TDI) as an independent review organization (IRO). ___' IRO Certificate Number is 5348. Texas Worker's Compensation Commission (TWCC) Rule §133.308 allows for a claimant or provider to request an independent review of a Carrier's adverse medical necessity determination. TWCC assigned the above-reference case to ___ for independent review in accordance with this Rule.

___ has performed an independent review of the proposed care to determine whether or not the adverse determination was appropriate. Relevant medical records, documentation provided by the parties referenced above and other documentation and written information submitted regarding this appeal was reviewed during the performance of this independent review.

This case was reviewed by a practicing physician on the ___ external review panel. The reviewer has met the requirements for the ADL of TWCC or has been approved as an exception to the ADL requirement. This physician is board certified in neurosurgery. The ___ physician reviewer signed a statement certifying that no known conflicts of interest exist between this physician and any of the treating physicians or providers or any of the physicians or providers who reviewed this case for a determination prior to the referral to ___ for independent review. In addition, the ___ physician reviewer certified that the review was performed without bias for or against any party in this case.

Clinical History
This case concerns a 57 year-old female who sustained a work related injury on ___. The patient reported that while at work she tripped and fell injuring her low back, knees and ankles. The patient underwent a lumbar discogram with CT scan following and an MRI of the lumbar spine on 3/14/00 that showed posterior left paracentral disk bulging at the L2-L3 and L3-L4 levels and posterior disk bulge at the L4-L5 with mild spinal canal stenosis. The diagnoses for this patient have included lumbar discogenic pain, bilateral lumbar facet joint dysfunction, and bilateral sacroilitis. The patient was treated with physical therapy, rehabilitation and medication.

Requested Services
Lumbar discogram with CT scan following.

Decision
The Carrier's denial of authorization for the requested services is upheld.

Rationale/Basis for Decision
The ___ physician reviewer noted that this case concerns a 57 year-old female who sustained a work related injury to her low back, knees and ankles on ___. The ___ physician reviewer also noted that the diagnoses for this patient included lumbar discogenic pain, bilateral lumbar facet joint dysfunction, and bilateral sacroilitis. The ___ physician reviewer further noted that treatment for this patient's condition has included physical therapy, rehabilitation and medication. The ___ physician reviewer indicated that there is no role for a CT discogram in diagnosis of this patient's condition. The ___ physician reviewer explained that the patient has

questionable radiculopathy by history and MRI. However, the ___ physician reviewer also explained that there is no clear rationale for proposing a CT discogram. The ___ physician reviewer further explained that the use of data from a CT discogram is poorly defined. Therefore, the ___ physician consultant concluded that the requested lumbar discogram with CT scan following is not medically necessary to treat this patient's condition at this time.

This decision is deemed to be a TWCC Decision and Order.

YOUR RIGHT TO REQUEST A HEARING

Either party to this medical dispute may disagree with all or part of the decision and has a right to request a hearing.

If disputing a spinal surgery prospective decision a request for a hearing must be in writing and it must be received by the TWCC Chief Clerk of Proceedings within **10 (ten)** days of your receipt of this decision. (20 Tex. Admin. Code 142.5(c)).

If disputing other prospective medical necessity (preauthorization) decisions a request for a hearing must be in writing and it must be received by the TWCC Chief Clerk of Proceedings within **20 (twenty)** days of your receipt of this decision. (28 Tex. Admin. Code 148.3).

This decision is deemed received by you 5 (five) days after it was mailed. (28 Tex. Admin. Code 102.4(h) or 102.5(d)). A request for a hearing should be sent to:

Chief Clerk of Proceedings/Appeals Clerk
P.O. Box 17787
Austin, TX 78744
Fax: 512-804-4011

A copy of this decision should be attached to the request.

The party appealing the decision shall deliver a copy of its written request for a hearing to all other parties involved in the dispute. (Commission Rule 133.308(t)(2)).

Sincerely,

I hereby verify that a copy of this Independent Review Organization (IRO) Decision was sent to the carrier, the requestor and claimant via facsimile or U.S. Postal Service from the office of the IRO on this 26th day of September 2003.